



# Supplement: Culturally & Community-Specific Workshop Resources

## I BLACK MEN

- **Toolkit:** The Barbershop Toolbox | HeForShe
- **Curriculum:** It's Your Business: HBCU Bystander Intervention Curriculum - Black Women's Blueprint
- **Program:** Black Masculinity (Re)Imagined - Black Emotional and Mental Health Collective
- **Program:** Sleeves Up, Violence Out - 100 Black Men of America, Inc.
- **Video:** Mental Health | S2E1 | Men's Round Table | A Black Love Series
- **Virtual Affinity Spaces:** A Call to Men
- **Organization:** Ujima: The National Center on Violence Against Women in the Black Community
- **Organization:** YBMen Project
- **Organization:** 100 Black Men of America, Inc.
- **Organization:** Black Emotional and Mental Health Collective



## II NATIVE MEN

- **Program:** Engaging Native Men and Boys | Minnesota Indian Women's Sexual Assault Coalition
- **Program:** Kizhaay Anishinaabe Niin - Encouraging Indigenous Men to End Violence Against Indigenous Women
- **Campaign:** We Are All Sacred: Prevent Sexual Violence - Minnesota Indian Women's Sexual Assault Coalition
- **Article:** For Indigenous men, masculinity can be a 'glass ceiling' of sorts, professor says | CBC Radio
- **Video:** Okicitawak: Worthy young men - perceptions of Indigenous manhood | Keestin O'Dell | TEDxMacEwanU
- **Video:** Indigenous Masculinity With Elder Gerry Oleman & Aaron Nelson-Moody - UBC Learning Circle
- **Virtual Affinity Spaces:** A Call to Men
- **Research:** “Where are the Brothers?” Native Hawaiian Males and Higher Education - Loea Akiona
- **Research:** Domestic Violence, Sexual Violence, and Human Trafficking in Native Hawaiian Communities
- **Organization:** Wica Agli
- **Organization:** Mending the Sacred Hoop
- **Organization:** National Indigenous Women's Resource Center



**III LATINO MEN**

- **Curriculum:** El Camino: A Goal-setting Sexual Health Promotion Program - Child Trends
- **Workshop:** El Hombre Noble - Sacred Manhood - National Compadres Network
- **Videos:** Latino men in the movement to end gender-based violence podcast - Esperanza United
- **Video:** Machismo hurts men too | Alejandro Jimenez | TEDxMileHigh
- **Video:** Latino Men Talk About Vulnerability - Pero Like
- **Article:** Understanding Machismo: Challenging Stereotypes and Mental Health Implications in the Hispanic Community - Pennsylvania Psychiatric Institute
- **Virtual Affinity Spaces:** A Call to Men
- **Organization:** National Compadres Network
- **Organization:** Latinos United for Peace and Equity
- **Organization:** Esperanza United



### III ASIAN MEN

- **Workshops:** South Asian Sexual & Mental Health Alliance
- **Article:** How America tells me and other Asian American men we're not attractive | The Seattle Times
- **Article:** Why Asian Americans Don't Seek Help for Mental Illness | McLean Hospital
- **Article:** Asian American masculinity is being increasingly celebrated. But many men still face stereotyping - Washington Post
- **Article:** Where South Asian Men Process Trauma - Asian American Writers Workshop
- **Virtual Affinity Spaces:** A Call to Men
- **Report:** Engaging Asian Men: Divesting from Gender Violence; Investing in Gender Equality, 2013 - Asian Pacific Institute on Gender-Based Violence
- **Research:** Engaging Men to End Domestic Violence in South Asian Communities in the United States - Ramesh Awasthi
- **Organization:** Asian Pacific Institute on Gender-Based Violence
- **Organization:** Asian Mental Health Collective



### III WHITE MEN

- **Video:** White Men: Time to Discover Your Cultural Blind Spots | Michael Welp | TEDxBend
- **Article:** White Men Are Feeling Left Out Of Diversity, Equity, & Inclusion. Why Should We Care and What Should We Do? - Forbes
- **Research:** Challenging Heterosexual White College Men to Engage in Campus Diversity Efforts: An Orientation Imperative
- **Research:** “It's hard to speak up”: Lessons learned from engaging U.S. white college men in conversations on racism - Vianden & Gruber
- **Organization:** White Men as Allies Learning Lab

### IV DISABLED MEN

- **Curriculum:** UNIT 3 DISABLED MASCULINITY - Renu Addlakha
- **Video:** Masculinity and Disability - Oliver Lam Watson
- **Video:** Disabilities and masculinity (Episode 3; Season 1) - Men Who Take Baths
- **Research:** Physical Disability and Masculinity: Hegemony and Exclusion | - Leslie Swartz, Bongani Mapumulo & Poul
- **Research:** Perceptions of Manhood and Masculinities Among Disabled Violently Injured Black Men in a Hospital-Based Violence Intervention Program - Rutgers



**V** LGBTQ+ Men

- **Curriculum:** Taking Pride: A Healthy Relationships Workshop Series Created for Youth by Youth - University of British Columbia
- **Video:** Journeys Through Trans Masculinity - As/Is
- **Video:** Can I Be a Trans Man and Still Have Privilege? Jameela Jamil
- **Video:** 'The Day Ahead' looks at LGBTQ domestic violence - Newsy
- **Article:** Our Stories [of Abuse in LGBTQ+ Relationships] - Say It Out Loud
- **Article:** Relationship Abuse among LGBTQIA\* Communities - One Love Foundation
- **Article:** Gay Men's Obsession with Masculinity Is Hurting Their Mental Health | Them
- **Article:** Transgender Men See Sexism From Both Sides - TIME Magazine
- **Research:** Conformity to Masculinity Norms and Mental Health Outcomes Among Gay, Bisexual, Trans, Two-Spirit, and Queer Men and Non-Binary Individuals - Cooper, et al.
- **Organization:** Say It Out Loud
- **Organization:** The Trevor Project